Models of good practice to enhance infectious diseases care cascade among people who inject drugs: A qualitative study of interventions implemented in European settings

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# Background

- In the framework of ECDC&EMCDDA Guidance (2011) update (in press)
- Models of good practice (MoGPs) collection commissioned by ECDC to GOEG that
  - aims to support the guidance update process by identifying MoGPs that can improve community-based testing, linkage to care and adherence to treatment for infectious diseases among PWID
- Infections of interest: HBV, HCV, HIV/AIDS, TB
- Geographical coverage
  - EU/EEA and the UK, ENP area and Western Balkans







MoGP = (a package of)
 interventions with proven
effectiveness in certain settings +
 likely replicable and sustainable
 in other settings or countries

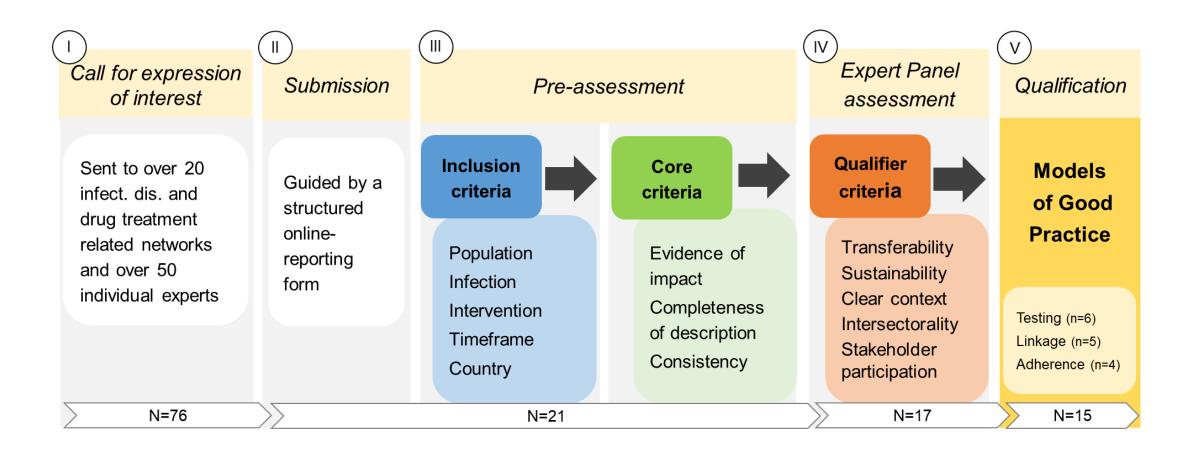
### Study purpose and aims

- To add **practice-based evidence** derived from interventions implemented in real-life settings and with a documented impact
  - Building upon our previously published literature review (Schwarz et al., 2022)
    - $\Rightarrow$  limited evidence on interventions implemented in European settings

#### Research questions

- Q1: Which interventions were employed in the MoGPs by stage of the care cascade and what are the main implementation characteristics?
- Q2: Which were the overarching enabling factors inherent in implemented interventions?

# Collection and selection of models of good practice



## Data analysis

- (1) Qualitative analysis of MoGPs to answer 1st research question
  - Structural characteristics: Country, geographical coverage, infection targeted, settings and interventions implemented within the MoGPs
  - In-depth analysis of the interventions employed within the MoGPs for every stage of the care cascade
- (2) Synthesis of **enabling factors** aiming to answer 2<sup>nd</sup> research question
  - Extracted from narratives of selected 15 MoGPs as reported by the submitters
  - Clustered for each stage of care cascade

#### Results

- 15 Models of Good Practice, implemented under 10 framework programmes
  - Most addressing <u>several infections</u> and <u>several stages of the care cascade</u>

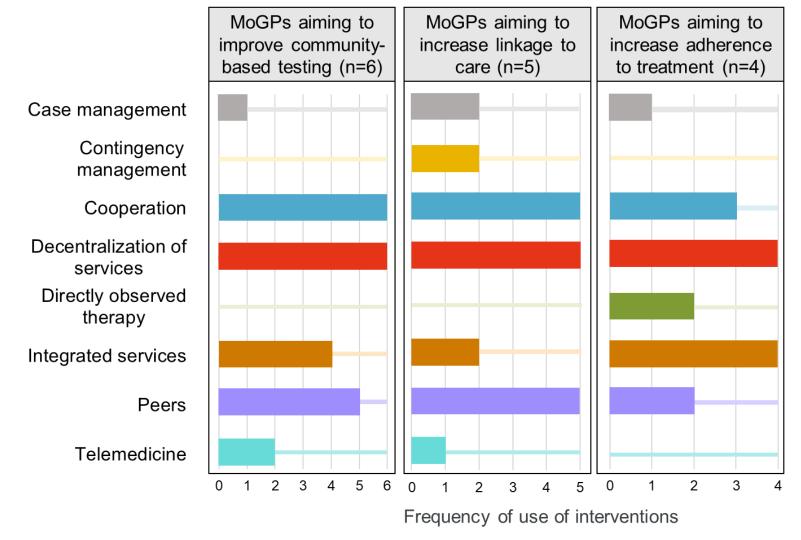
#### Wide geographical coverage

- Norway, Portugal, Republic of Moldova, Spain and the UK and EU-wide HepCare project (Ireland, Romania, Spain, the UK)

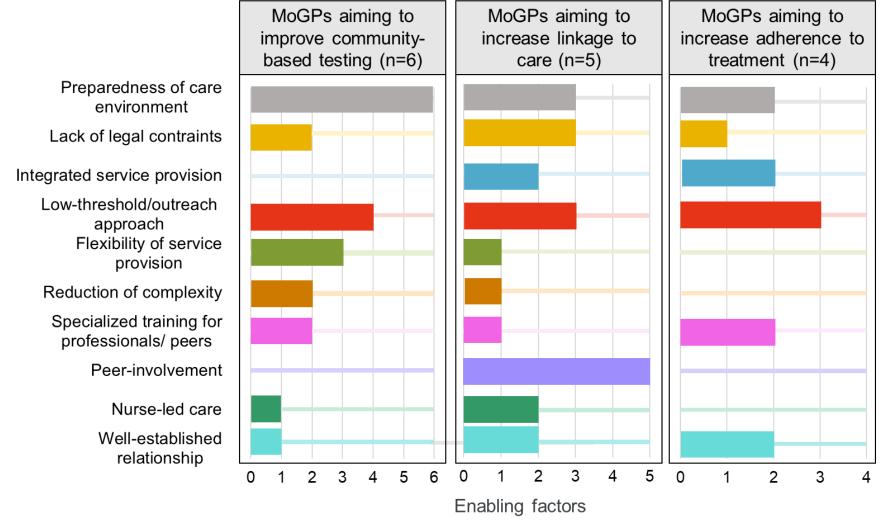
#### Variety of settings

- Most interventions were implemented in more than one setting
- (Low-threshold) harm reduction services, outreach programmes, outpatient drugaddiction treatment centres, OAT setting, prison, pharmacies

#### Results: Type of interventions identified



### Results: Factors acting as enablers of interventions



## Take-home messages (1/4)

Identified interventions have been designed to address the unique patient-, provider-, and systems-level barriers

**Combination interventions** and involvement of **multiple sectors of service provision** are successful for <u>multiple</u> infectious diseases

## Take-home messages (2/4)

Care structures and pathways should be

- simplified
  - through reducing complex pathways
- based on cooperation
  - within facility or external
- multidisciplinary
  - by comprising different professionals



## Take-home messages (3/4)

Pre-conditions that influence the success of interventions include

- Policy-level commitment
  - from local/national authorities and no syst. barriers
- **Preparedness** of care structures
  - sensitised providers and existing collaborations
- Consideration of social determinants
  - on patient and provider side to meet needs

# Take-home messages (4/4)

In peer-reviewed literature, information on success factor and enablers of interventions is often limited

⇒ Call for more qualitative research on implementation practices and experiences supporting the improvement of PWID inclusion in infectious disease treatment care cascade

### You might also like ...

ECDC/EMCDDA Shared session ⇒ Prevention and control of HCV and HIV among people who inject drugs in 2022 and beyond: new evidence and key recommendations within the updated public health guidance ECDC/EMCDDA

Chairs: Otilia Mardh, ECDC (Sweden) and Thomas Seyler, EMCDDA (Portugal)

**TOMORROW Thursday, 20 October** 

11.15 - 12.10

Room: Lomond Auditorium

11.15 - 12.15	Prevention and control of HCV and HIV among people who inject drugs in 2022 and beyond: new evidence and key recommendations within the updated public health guidance ECDC/EMCDDA Room: Lomond Auditorium  Chairs: Otilia Mardh, ECDC, Sweden and Thomas Seyler, EMCDDA, Portugal
11.15 - 11.25	Summary of the updated guidance Otilia Mardh, ECDC, Sweden, and Thomas Seyler, EMCDDA, Portugal
11.25 - 11.35	The evidence base: Effectiveness of drug treatment, NSP and DCRs for the prevention of HCV, HIV and injecting risk behaviour among PWID  Norah Palmateer, Public Health Scotland, UK
11.35 - 11.45	The evidence base: Review of mathematical modelling studies of OST and NSP for preventing HCV transmission Lara Gordon, University of Bristol, UK
11.45 - 11.55	The evidence base: Improving the cascade of care for HCV among PWID Tanja Schwartz, Addiction Competence Centre, Austrian National Public Health Institute, Austria
11.55 - 12.10	Panel Discussion: From guidance recommendations to practice

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### Disclosure of Interest

There are no conflicts of interest to declare.



#### References

Schwarz, Tanja, Horváth, Ilonka, Fenz, Lydia, Schmutterer, Irene, Rosian-Schikuta, Ingrid & Mårdh, Otilia (2022). Interventions to increase linkage to care and adherence to treatment for hepatitis C among people who inject drugs: A systematic review and practical considerations from an expert panel consultation. *The International Journal on Drug Policy*, 102, 103588. <a href="https://doi.org/10.1016/j.drugpo.2022.103588">https://doi.org/10.1016/j.drugpo.2022.103588</a>

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ECDC (2022). Models of good practice for community-based testing, linkage to care and adherence to treatment for hepatitis B and C, HIV and tuberculosis and for health promotion interventions to prevent infections among people who inject drugs. Stockholm: ECDC (in press)

ECDC/EMCDDA (2011). Prevention and control of infectious diseases among people who inject drugs. Stockholm: ECDC