



Introduction to work package on „Suicide Prevention“ in ongoing EU Joint Action ImpleMENTAL

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Content of presentation

- ▷ JA ImpleMENTAL – the big picture
- ▷ WP6 Suicide Prevention
 - key facts: aims, objectives, milestones and deliverables
 - where are we now – status quo, achievements, challenges
 - next steps
- ▷ Invitation

JA ImpleMENTAL



- ▶ **2 best practices were selected by the Steering Group on Promotion & Prevention (Member States) :**
 - **Mental healthcare delivery system reform in Belgium**
 - lead: Germany/Italy
 - 14 countries (11 implementing, 3 participating/non-implementing)
 - **Suicide Prevention Austria SUPRA**
 - lead: Austria, Czechia
 - 17 countries (14 implementing, 3 participating/non-implementing)
- ▶ The EU Commission initiated the **Joint Action ImpleMENTAL** (Oct 2021, 36 months)
- ▶ Overall **budget**: 6,7 million Euro, 80% EU-co-funding
- ▶ **21 countries** and 39 organizations are involved

→ **Further information:** <https://ja-imental.eu/>

JA ImpleMENTAL: Key objectives and structure



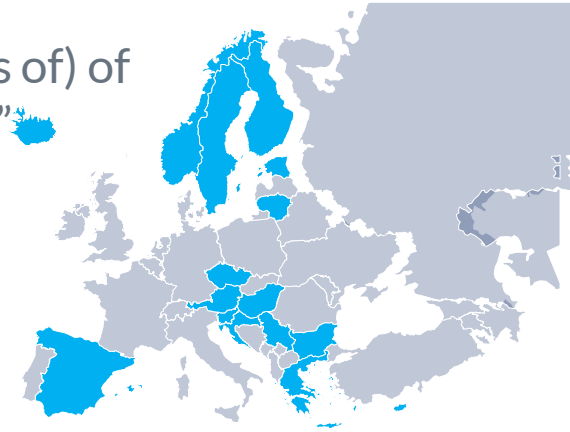
JA ImpleMENTAL, WP 6 SUPRA

- ▶ SUPRA is 1 of 2 **technical WPs** of JA ImpleMENTAL

WP6 „Transfer and pilot implementation of (selected elements of) of the Austrian Best Practice on Suicide Prevention (SP) “SUPRA”

- ▶ **Lead:** GÖG/Austria, Co-Lead: MoH/Czech Republic

- ▶ **Partners** from 17 countries, 14 of them **implementing** countries:
Austria, Bulgaria, Croatia, Cyprus, Czechia, Estonia, Finland, Greece, Hungary, Iceland, Lithuania, Malta, Norway, Serbia, Slovenia, Spain and Sweden,



Main objectives of WP6 Suicide prevention

- ▷ **Overall:** Support improvement in knowledge and quality of suicide prevention services
- ▷ **More specific:**
 - ▷ transfer and pilot implementation of the Austrian Best Practice SUPRA
 - ▷ develop and/or (if already in place) further develop, scale-up suicide prevention strategies of participating countries comparable to SUPRA
- ▷ **No 1:1 roll-out of SUPRA but:**
 - ▷ taking into account the respective national/regional context, select specific elements of SUPRA and bring them to implementation

Tasks → Outputs (deliverables, milestones)

- ▷ record and assess the **current situation** in the field of suicide prevention in each country/region (**SA**) → national country profiles
- ▷ **assess resources** (staff, budget, other) needed to address and implement prioritized activities (**NA**) → national country profiles
- ▷ **obtain stakeholder commitment** for the establishment (or further development) of a national/regional strategy including steps to promote increased awareness for SP → involving working groups / advisory boards, resulting in SP strategies
- ▷ **promote learning and cross-country exchange** on methods, tools, practices and experiences → exchange, networks, coordination, collaboration
- ▷ **support capacity and competence building** of stakeholders → trainings
- ▷ **support the sustainable establishment, improvement and expansion of suicide prevention services** → adaption and pilot implementation of SUPRA

Preparatory work

(Task 6.1; M1-M8)

Kick-off meeting
(KOM)
7.12.
2021

Nat./reg.
working gr. +
advisory board
+ national KOM
(M3-M9)

Workshop 1
(1-2.2. 2022)

Workshop 2
(5.5. 2022)

Situation Analysis & Needs Assessment (SANA) (Task 6.2; M6-21)

Situation
analysis
(M7-M14)

Needs
assess-
ment
(M7-M16)

Workshop 3
(discussing
results of
SANA)
(M13)

Compila-
tion of
**country
profiles**
(M13-M20)

Continuous tasks (M1-M36)

(Further) Development of nat./reg. SP strategies and pilot implementations (incl. Q-W) (Task 6.3)

(**SUPRA handbook** available (M6); Prioritization of SUPRA actions/packages suggested for implementation; Implementation of Quick-wins; Development of a **draft strategy** or revision of existing strategy; **Workshop 4** – implementation of a (draft) strategy (M29))

Training and capacity building related to SUPRA actions/packages (Task 6.4)

Continuous support on technical activities (Task 6.5)

Cross-cutting tasks: Obtain political commitment; Increase awareness/adress stigma; Exchange and learning between participating countries

**DELIVERABLES
MILESTONES**

Achievements and findings so far



- ▷ **structures and processes established** and working at JA- and national level
- ▷ a lot of **exchange** in workshops, meetings, Q&A-Sessions - motivated partners
- ▷ Various **resources** available for guidance e.g. SUPRA Handbook
- ▷ **Situation Analysis** has been performed by all countries – good starting point
- ▷ **Needs Assessment** is/will be performed by SWOT-Analysis, country examples were presented for guidance
- ▷ **trainings** have started, next coming up shortly
- ▷ countries have identified **prioritized measures for implementation incl. quick wins**
- ▷ work on **country profiles and strategy development** will be started soon

Examples for prioritized measures, quick wins

▷ Prioritized measures:

- Creating/merging hotline/s, identifying hotspots and safeguarding railways, gatekeeper trainings, postvention, upscaling of crisis centres, coding and follow-up, registry/data, collaboration with media, increase communication and information e.g. on positive examples of how to deal with crisis, suicidal behaviour and loss, support-services, further education and training of professionals (health, schools...), promote research, support for risk groups, activities to reduce stigma

▷ Quick wins

- Creating/updating website, hotline, guide for primary care professionals, upscaling of e-training, implementation of suicide risk coding in further regions, organization of events, creating awareness, bringing together stakeholders (committees, events), collaboration, networking

WP6-trainings - topics and time plan (status Nov 2022)

TOPICS	EXPERTISE	NEEDS	WHEN
The SUICIDE RISK CODE - Model of continuity of care in Spain	SPA		training on 29.9. follow-up session on 7.10.
(TELEPHONE) HOTLINES	SPA, GRE, ICE, SER, SLO	MAL, HUN, AUT	25.11.2022
RESTRICTION OF MEANS ON RAILWAYS	FIN, NED	AUT, CZE, SLO	29.11. 2022
DATA/REGISTRY	MAL, CZE, SWE, NOR	CRO, CYP, ICE, SPA, SER, GRE, MAL, SLO	end of January 2023 - after SANA
POSTVENTION	SLO, AUT, ICE	CRO, MAL, SER, GRE, ICE	will be scheduled based on needs
(SOCIAL) MEDIA, WATCHDOG	AUT, FIN, SLO	ICE, HUN, SER, CZE, MAL, GRE	will be scheduled based on needs
GATEKEEPER TRAINING	AUT, SLO, FIN	CRO, CZE, HUN, SER, GRE, SPA	will be scheduled based on needs
MENTAL HEALTH PROMOTION AT SCHOOLS	CZE, SWE (YAM)	GRE, CRO	will be scheduled based on needs
NETWORKING AND MAKING ALLIANCE WITH STAKEHOLDERS	FIN	HUN, SWE	will be scheduled based on needs



Key benefits and challenges

Benefits:

- exchange, sharing experience, learning
- networking, collaboration, creation of structures
- mutual interest, agenda setting, dissemination, information
- situation analysis, needs assessment
- creation/revision of suicide prevention strategy

Challenges:

- WP-level: heterogenous structures of health/social system , very different status of suicide prevention in different countries
- National level: Lack of budget, motivation of stakeholders/commitment, pilot implementation (coordination of many actors), institutional constraints, lack of resources, personnel, work overload

Invitation to:

- ▷ visit JAImpleMENTAL website for further information and/or get in touch: <https://ja-imental.eu/>
- ▷ attend **training sessions**, next on 25th (hotlines) and 29th (restriction of means on railways) of November
→ contact beate.gruber@goeg.at to receive further information and registration links

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