

# PHIRI

Population Health Information  
Research Infrastructure

## PHIRI – EUPHA 2023

4.F. - Workshop: Supporting present policy making  
to address future challenges: foresight and public  
health policies

Thu 9th, 16:40-17:40 *Liffey A*

Gesundheit Österreich  
GmbH

[www.phiri.eu](http://www.phiri.eu)



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# Overview & Objective

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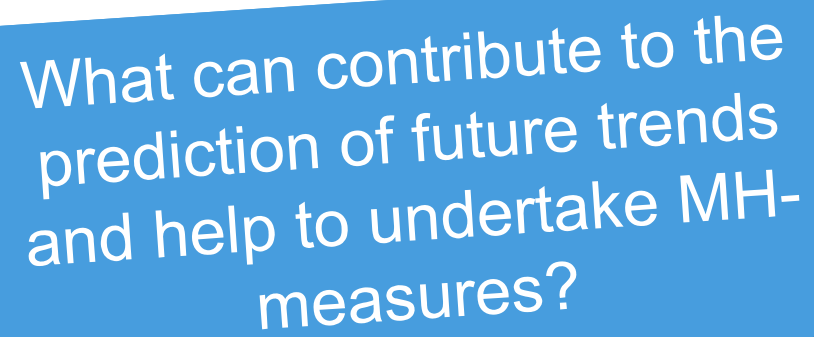


# Introduction

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The pandemic might be over. But not so for mental health.

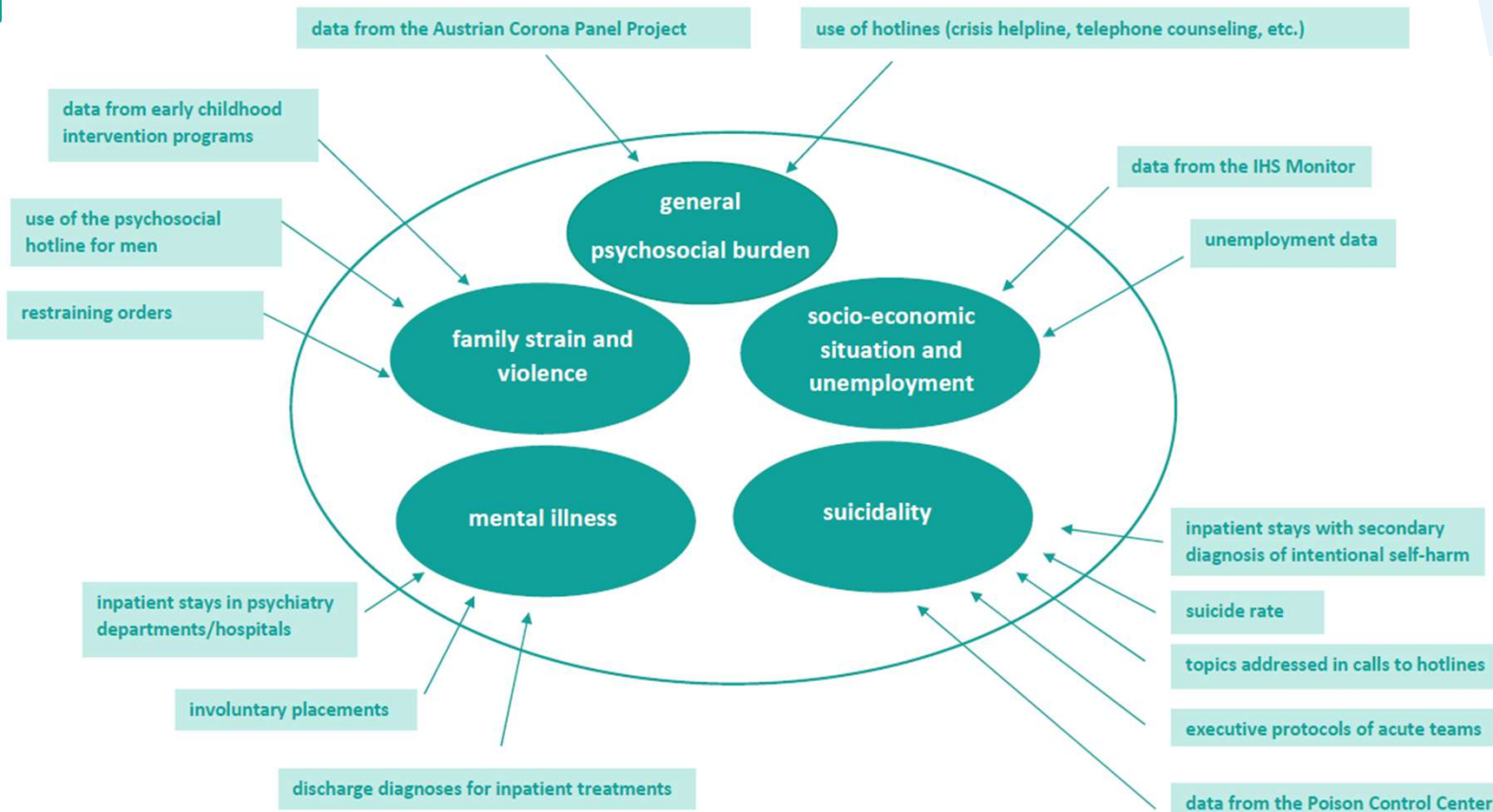
The negative impact on mental health is delayed and long-lasting.<sup>(1-6)</sup>



What can contribute to the prediction of future trends and help to undertake MH-measures?



# MH-surveillance: Data sources



Elements of foresighting!

Current trends – future impact!

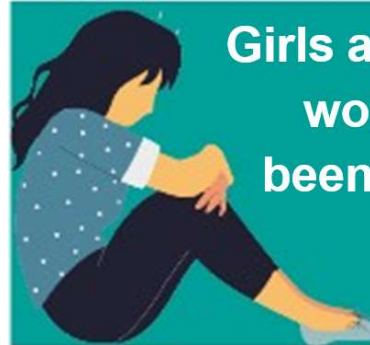
Deeper insight - discuss actions

# MH-surveillance: Results

Young people  
have suffered  
disproportionately



Girls and young  
women have  
been suffering  
more



Psychosocial  
burden has  
risen



Alarming rise in  
reported rates  
of suicidal  
ideation






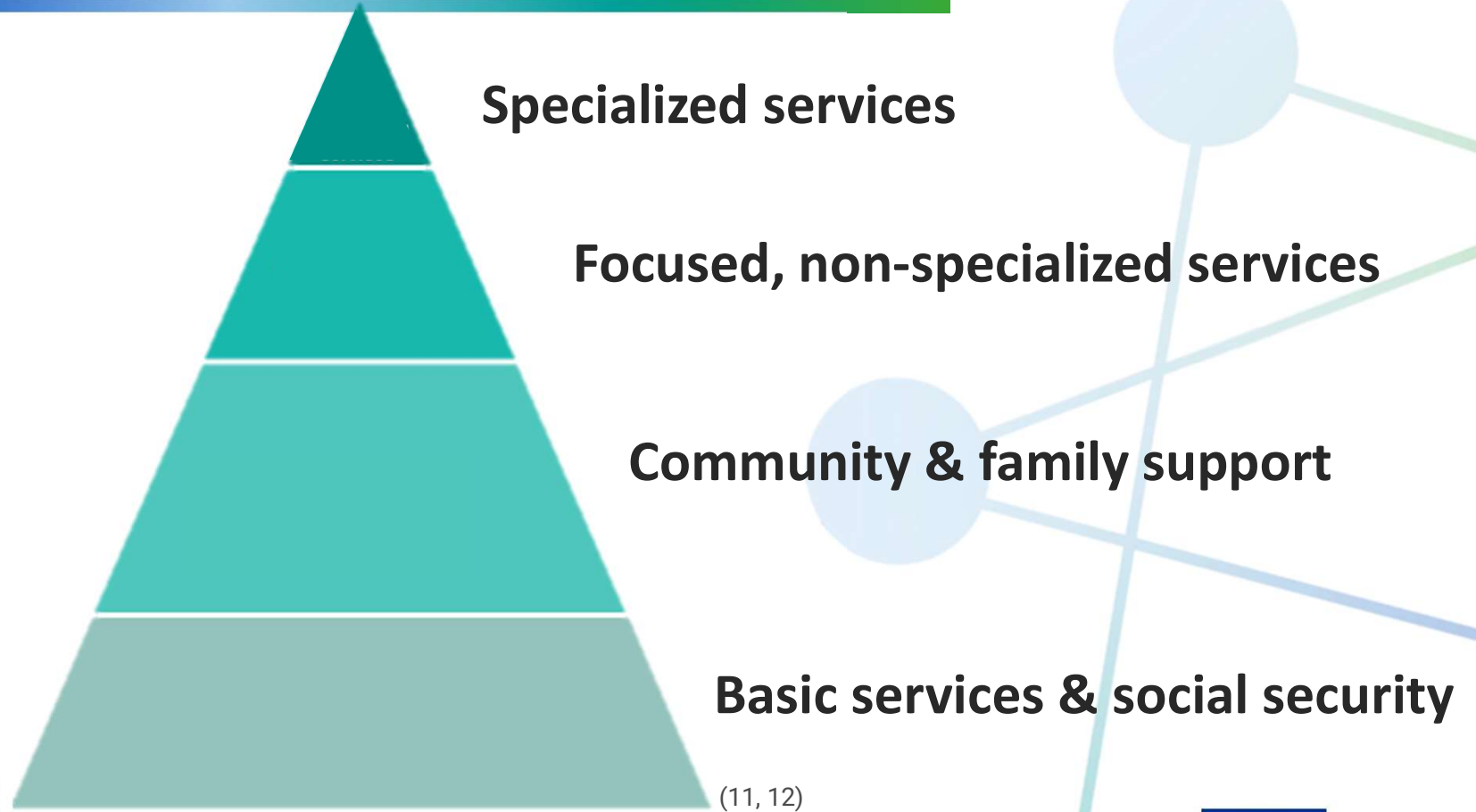


## MH-surveillance: Limitations

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- Barriers & people who do not actively seek help.
  - Better availability of data can lead to overweighting of individual problem areas.
  - High-frequency survey data is missing.
- 

# Austrian approach to implementing measures





# Conclusion

- Identifying most vulnerable groups
- Analyzing/understanding country-specific context (PHIRI)





## Recommendation – based on the Austrian approach

- Monitor mental health constantly <sup>(11)</sup>
- Derive measures in a timely manner
- Ensure psychosocial support at various levels <sup>(11,12)</sup>

What can contribute to the prediction of future trends and help to undertake MH-measures?

## References – Want to learn more?

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